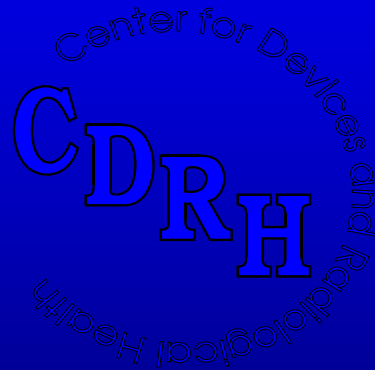




# Breast Transilluminators

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**Radiological Devices Advisory Panel Meeting**

**April 12, 2012**

**Nancy G. Wersto, M.S. DABR**

**FDA/CDRH/OIVD/DRAD**

# **Overview of Breast Transilluminators (BrTrs)**

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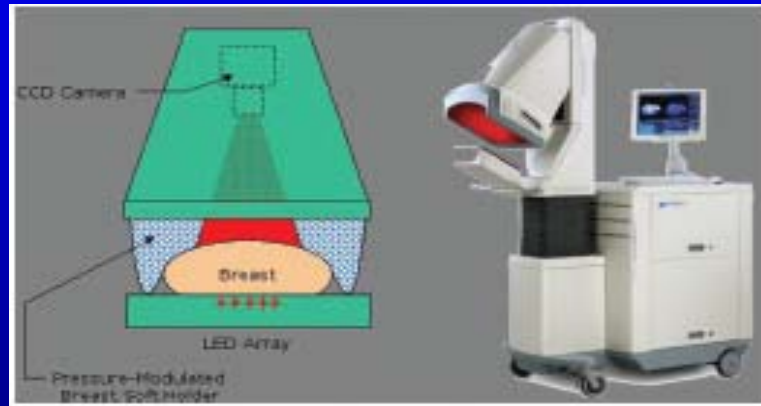
- **Background**
- **Regulatory History**
- **Literature Review**
- **Clinical Perspective**
- **Current Regulatory Status**
- **Panel Discussion**

# Background

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- **Lightscanners, diaphanosopes, or optical breast imagers**
- **Electrically powered**
- **Emit low intensity visible light and near-infrared radiation (700-1050 nm)**
- **Device pressed against the breast to illuminate mammary tissue in a darkened environment**
- **Light preferentially absorbed by hemoglobin in the blood**

# Background (cont)



# **Regulatory History**

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- **Pre-amendment device**
- **Commercial distribution prior to May 28, 1976**
- **ObGyn Devices Panel Meeting on January 11, 1991**
- **FDA issued a final rule in 1995 classifying them as Class III**
- **We are here today to discuss the Citizens Petition for reclassification and to complete the classification process**

# Regulatory History (cont)

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# Medical Device Classification

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- **Class I — General controls sufficient for reasonable assurance of safety and effectiveness (S&E), e.g., stethoscopes**
- **Class II — General controls alone are insufficient for a reasonable assurance of S&E but there is adequate information for Special Controls, e.g., most imaging and therapy devices such as CT, MRI, FFDM, US and linear accelerators**
- **Class III — General controls insufficient for reasonable assurance of S&E and there is inadequate information for Special Controls for S&E, e.g., breast tomosynthesis**



# Regulatory History (cont)

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21 CFR § 892.1990 Transilluminator for breast evaluation.

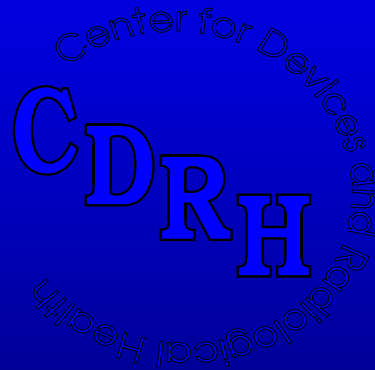
- (a) Identification. A transilluminator, also known as a diaphanoscope or lightscanner, is an electrically powered device that **uses low intensity emissions of visible light and near-infrared radiation** (approximately 700–1050 nanometers (nm)), transmitted through the breast, to visualize translucent tissue **for the diagnosis of cancer, other conditions, diseases, or abnormalities**.
- (b) Classification. Class III (premarket approval).
- (c) Date premarket approval (PMA) or notice of completion of a product development protocol (PDP) is required. The effective date of the requirement for premarket approval has not been established.

See § 892.3. [60 FR 36639, July 18, 1995]



# **Systematic Literature Review of Breast Transilluminators**

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**Hui-Lee Wong, Ph.D, MSc**  
**Epidemiologist**  
**Division of Epidemiology**  
**Office of Surveillance and Biometrics**

# Outline

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- Objectives
- Methods
- Findings on safety and effectiveness of Breast Transilluminators
  - I. Overview of the Published Literature
  - II. Effectiveness
  - III. Safety
- Discussion of strengths and limitations
- Conclusion

# Objectives

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- What is the evidence for **effectiveness** of breast transilluminators for the detection of cancer, other conditions, diseases, or abnormalities?
- What are the reported **adverse events** associated with the use of breast transilluminators for the detection of cancer, other conditions, diseases, or abnormalities?

# Methods

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- Searched PubMed database using the following terms:
  - “lightscanner or transilluminator or diaphanoscope”
  - “near-infrared”
  - “optical”
  - “breast or mammary or carcinoma or cancer or tumor or malignant”
- Timeframe: January 1, 1991 – February 23, 2012
- Language limited to English publications

# **Inclusion Criteria**

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- **Devices that uses 700-1050nm on the breast for the diagnosis of cancer, other conditions, diseases or abnormalities**
- **Randomized Controlled Trials (RCT)**
- **Observational studies**
- **Systematic literature reviews**
- **Meta-analyses**

# Article Retrieval and Selection

Records identified in PubMed search: (n=353 )

Articles excluded (n=342):

- Non-clinical study (n=154)
- Not relevant to breast transilluminator devices per indication (n=107)
- Not specific to breast transillumination (n=46)
- Non-human study (n=24)
- Combination devices/approach (n=11)

Eligible  
Articles  
(n=11)

+

Additional record  
identified through  
cross-referencing (n=1)

Articles included in  
qualitative review  
(n=12)

Unique articles in qualitative  
synthesis  
(n=11)



# **Systematic Literature Review: Study Characteristics**

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- **Eleven articles**
  - **Cross-sectional study (n=9)**
  - **Retrospective study (n=2)**
- **Study populations: US and European**
- **Sample size: 18 - 610 subjects**
- **Imaging modalities: hand-held transilluminator, optical mammography, optical tomography**

# Systematic Literature Review

## Question 1

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What is the evidence for **effectiveness** of breast transilluminators for the detection of cancer, other conditions, diseases, or abnormalities?

# **Effectiveness:**

## **Factors that can affect interpretability**

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- **Comparator**
- **Performance Measures**
  - **Standalone (N=6) vs. Adjunctive use (N=5)**
- **Reader Variability**
- **Factors that may affect effectiveness: age, race, menopausal status, breast density, lesion size & depth**

# Effectiveness: Comparator

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- Histology (n=8)
- X-ray mammography (n=2)
- Magnetic resonance imaging (n=1)

# **Effectiveness:**

## **Performance Measures**

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- **Sensitivity (N=7), specificity (n=5), positive predictive value (N=3), negative predictive value (N=3), percent agreement (N=1), receiver operator curves analyses (N=3)**
- **Performance measures by study populations**
  - **Majority evaluated sensitivity for breast carcinoma**
  - **One evaluated specificity for women without breast cancer**
- **Scale of reporting: dichotomous**

# Effectiveness:

## Standalone use

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- Performance Measures
  - Sensitivity, Specificity, PVP, NPV

Study	Sample size	Sensitivity	Specificity
Jarlman 1992a	36 breast cancer, 473 normal	86% (0.70, 0.95)* NPV: 99%	82% (0.79, 0.85)* PPV: 23%
Jarlman 1992b	243 breast cancer	72% (0.65, 0.77)*	N/A

- Screening population: (Braddick 1991)  
Sensitivity: 7.7% (0.8, 43). Specificity 97.6 (97.2, 98)

\* All 95% CIs were calculated from reported sensitivity and sample size from using exact methods

# Effectiveness:

## Standalone use (cont.)

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- Performance Measures
  - Percent agreement

Study	Sample size	Positive per cent agreement	Negative per cent agreement
Jarlman 1992a	36 breast cancer, 473 normal	<u>X-ray</u> <u>mammography</u> 78% (0.61, 0.90)*	<u>X-ray</u> <u>mammography</u> 80% (0.76, 0.83)*

●\* All 95% CIs were calculated from reported percent agreement and sample size from using exact methods

# **Effectiveness:**

## **Standalone use (cont.)**

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- **Performance Measures**
  - **Area under the curve (AUC)**
    - **Poplack 2007 : AUC= 0.67 (95% CI: 0.52, 0.82)**
    - **Schneider 2011: From ROC amplitude cut-off: Sensitivity 85.7%, Specificity: 87.5%, PPV: 92.3%, NPV:77.8%**



# Effectiveness: Adjunctive use

- **Adjunctive Use:** lesions identified using x-ray mammography prior to optical imaging
- **Performance Measures:** Sensitivity, Specificity, PPV, NVP

Study	Sample size	Sensitivity	Specificity
Cheng 2003	48 patients	92% (0.61, 0.99)* NPV: 96%	67% (0.49, 0.81)* PPV: 48%
Athanasίου 2007	71 patients with BIRADS 4/5	73% (0.57, 0.86)	39%( 0.25, 0.53)
Poellinger 2011	21 breast lesions BIRADS 4/5	92% (88.6, 95.4)*	75%(68.1, 81.8)*
Grosenick 2005 Rinneberg 2005	102 breast cancer	90% (0.82, 0.94)*	N/A

- **Performance Measures:** Area Under the Curve (AUC)
  - **Poellinger 2008:** Mean AUC difference: 0.07

\* All 95% CIs were calculated from reported sensitivity and sample size from using exact methods

# **Effectiveness: Reader Variability**

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- One study estimated intra- and inter-observer agreement
  - Poellinger 2011
    - $\kappa=0.48$ , precontrast
    - $\kappa=0.41$ , late fluorescent
    - $\kappa=0.43$ , agreement with x-ray mammography

# Effectiveness: Discussion

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- Performance by lesion characteristics
  - Lesion size (N=6)
    - Malignant lesions: 8mm – 80mm
    - Benign lesions: 10mm – 52mm
  - No formal statistical analyses
  - Lesion depth: None
- Performance by other factors
  - No formal analyses by age, BMI, race, menopausal status, breast density

# **Systematic Literature Review**

## **Question 2**

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**What are the reported **adverse events** associated with the use of breast transilluminators for the detection of cancer, other conditions, diseases, or abnormalities?**

# Safety

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- None of the studies reported whether or not any adverse events had occurred

# Strength and Limitations

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- **Histopathology was the choice of comparator (N=8)**
- **No randomized controlled trials or prospective studies**
- **Limited test performance information for women without cancer or benign cancer**
- **Limited information on the variability of readers**

# **Summary:**

## **Effectiveness and Safety**

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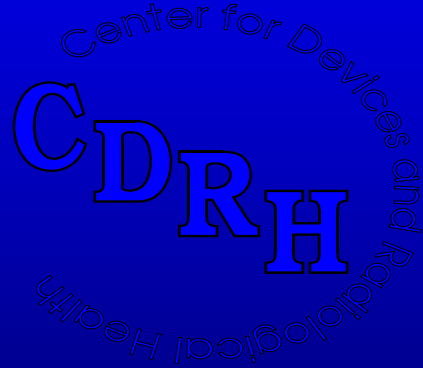
- Effectiveness of breast transilluminators is not adequately demonstrated
- Safety related to test performance of breast transilluminators could not be assessed
- Additional studies to address the effectiveness and safety of breast transilluminators are needed





# Breast Light Scanning Clinical Perspective

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**Helen J. Barr, MD**

**Division Director**

**Division of Mammography Quality and Radiation Programs**

**Office of Communication, Education, and Radiation**

# Outline

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- **Concept behind breast light scanning**
- **Limitations of the technology**
- **Summary of early breast light scanning research**
- **Current clinical breast work-up**
- **What a breast diagnostic device needs to be**

# Concept

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- Light in red and near infrared range is absorbed by hemoglobin
- Absorption of light would be different in benign and malignant tissue and therefore they could be distinguished from each other

# Limitations

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- Hemoglobin absorbs light whether in a lesion, a vessel, or free in tissue – false positives
- Indirect signs such as increased vascularity and abrupt vessel caliber change, especially without flow parameters, are not reliable indicators of malignancy
- Penumbra effect – need all portions of breast close to the skin to ameliorate structural shadows obscuring smaller lesions

# **Conclusions of D'Orsi NIH-funded study of Breast Light Scanning\***

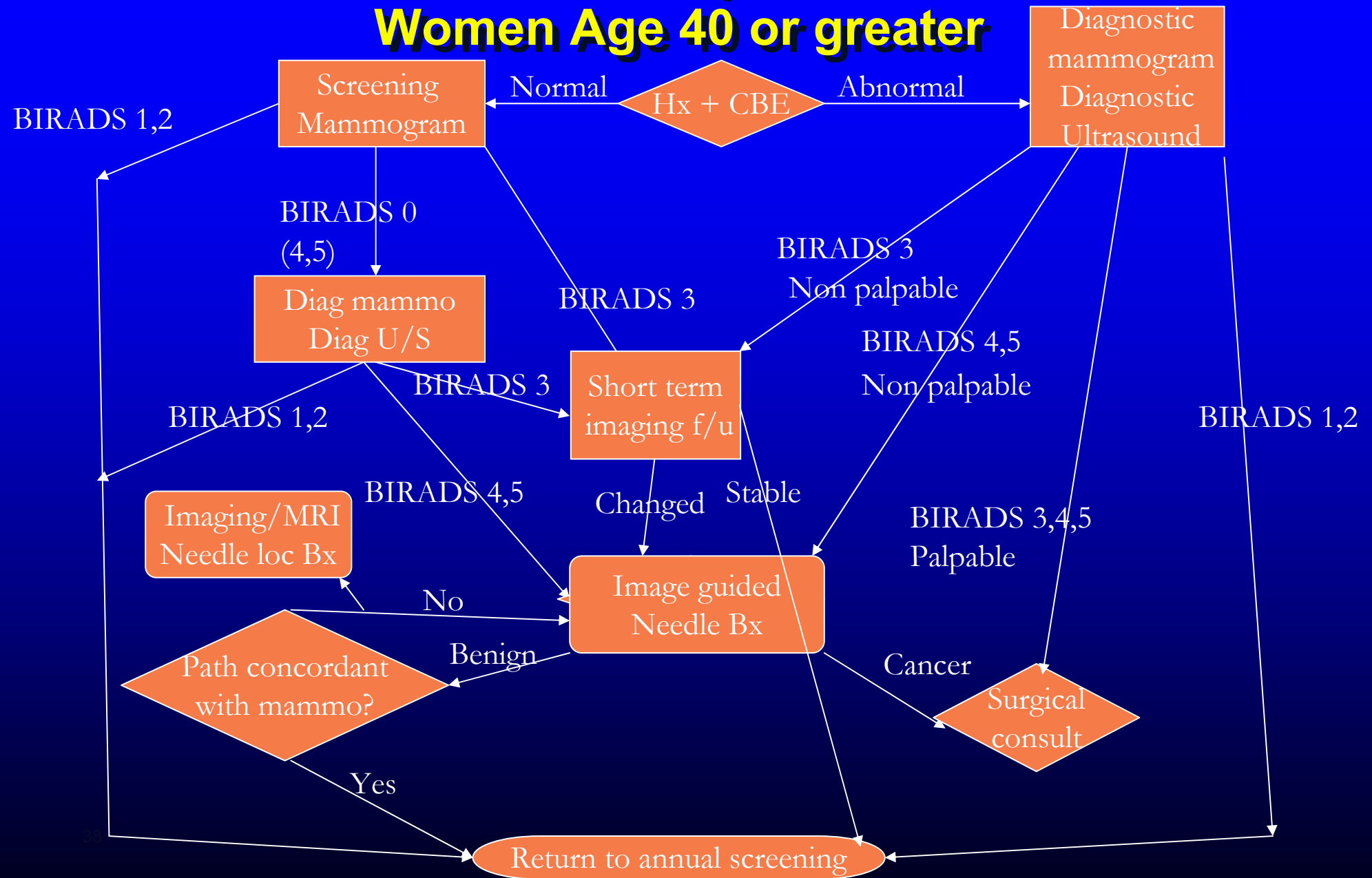
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- **Sensitivity not high enough to detect lesions under 1 cm in size – should not be used for screening**
- **Specificity too low – should not be used alone for diagnosis because it doesn't reliably distinguish between benign and malignant lesions**
- **No known adjunctive use**

\*D'Orsi CJ, Smith EH: Double blind study of breast diaphanography.

National Institutes of Health Grant G2736 1984-1989 RNM#1R01CA37970-AIA

# Breast Work-Up in the US: Women Age 40 or greater



# **Characteristics of a Useful Diagnostic Breast Imaging Device**

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- **High Specificity – distinguish benign from malignant**
- **Reasonable Sensitivity – needs to detect lesions less than 1 cm**
- **Usable across range of patient populations (e.g. dense breasts, large breasts) or populations limitations spelled out**
- **Low operator variability - high reproducibility**
- **Detects signs that reliably indicate presence or absence of disease**

# Characteristics of Breast Light Scanners

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- Low sensitivity – for lesions under 1 cm in size
- Low specificity
- High operator variability - low reproducibility
- Interpretation based on unreliable signs



# Major Risks of Breast Light Scanning Identified by 1991 Panel : Still True?

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- **Misdiagnosis** - failure of device to differentiate between benign and malignant lesions may lead to incorrect patient management decisions
- **Delayed Diagnosis** - false negative results may lead to delays in the timely diagnosis of breast cancer
- **Delayed Treatment** - allows an undetected condition to worsen and potentially increases morbidity and mortality

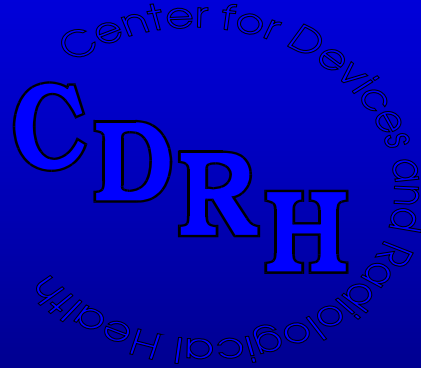
# **Petitioner's Presentation on additional clinical information**

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- **First Source (UK 2007/2008 -1087 users)**
  - **Market Research Survey**
  - **Not found in peer reviewed literature**
  - **Data on product use**
- **Second Source (UK 2009 – 300 patients)**
  - **Not found in peer reviewed literature**
  - **Observational study in symptomatic women**
- **Third Source (UK 2009/2010-53 patients)**
  - **Not found in peer reviewed literature**
  - **Data from a questionnaire; validity of instrument unknown**

# Breast Transilluminators Current Regulatory Status

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**Nancy Wersto, M.S., DABR**  
**Division of Radiological Devices**  
**OIVD/CDRH**

# Current Regulatory Status

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- Proposed rule on January 13, 1995
- Final rule on July 18, 1995 for BrTrs placed in Class III under 21 CFR 892.1990
- Premarket Application (PMA) or PDP required
- 515(b) of FD&C Act requires the FDA to “call for PMAs” by specifying a date in the FR
- Process requires notice-and-comment rulemaking

# **Current Regulatory Status (cont)**

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- **In response to a requirement in the Act (515(i)) to set a schedule to “call for PMAs” for all remaining pre-amendment class III devices:**
  - **Proposed rule on August 25, 2010**
  - **BrTrs placed in Class III**
  - **Intent to establish effective date requiring PMA or PDP**
  - **Opportunity for public comment**

# **Current Regulatory Status (cont)**

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- **Citizen petition received on September 9, 2010**
- **BrTrs were reported by petitioner as Class I devices outside U.S.**
  - **differences in regulatory requirements between CE Mark & FDA clearance**
- **Petitioner states the device risks are adequately mitigated**

# Current Regulatory Status (cont)

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- Petitioner states the device is designed to be a “non diagnostic product”
- Petitioner evidence of safety and effectiveness:
  - 3 sources of additional clinical information
- Requests Class I for BrTrs for a non-diagnostic device

# **Panel Discussion**

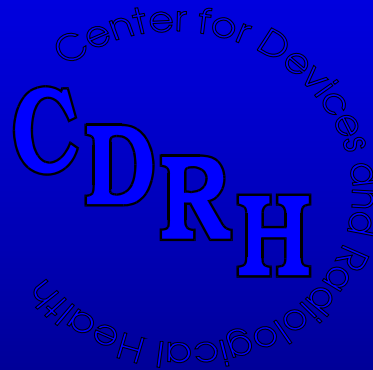
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- **Review risks and identify new risks**
- **Consider appropriate risk mitigations**
- **Evaluate the merits of the Citizen Petition**
- **Determine whether valid scientific evidence demonstrates reasonable assurance of safety and effectiveness of BrTrs**
- **Come to consensus on appropriate classification based on the evidence**



# Breast Transilluminator Panel Discussion

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Radiological Devices Advisory Panel Meeting  
**April 12, 2012**

# Assurance of Safety

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21 CFR §860.7(d)(1)

“There is reasonable assurance that a device is safe when it can be determined, based upon valid scientific evidence, that the **probable benefits** to health from use of the device for its intended uses and conditions of use, when accompanied by adequate directions and warnings against unsafe use, **outweigh any probable risks.**”

# Assurance of Effectiveness

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21 CFR §860.7(e)(1)

“There is reasonable assurance that a device is effective when it can be determined, based upon valid scientific evidence, that in a **significant portion of the target population**, the use of the device for its intended uses and conditions of use, when accompanied by adequate directions for use and warnings against unsafe use, **will provide clinically significant results.**”

# Valid Scientific Evidence

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## 21 CFR §860.7(c)(2)

“Valid scientific evidence is evidence from **well-controlled investigations**, partially controlled studies, studies and objective trials without matched controls, well-documented case histories conducted by qualified experts, and reports of significant human experience with a marketed device, from which it can **fairly and responsibly be concluded by qualified experts that there is reasonable assurance of the safety and effectiveness of a device under its conditions of use.** Isolated case reports, random experience, **reports lacking sufficient details to permit scientific evaluation**, and unsubstantiated opinions are **not regarded as valid scientific evidence to show safety or effectiveness.**”

# Medical Device Classification

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- **Class I** : General Controls alone
- **Class II** : General Controls and Special Controls
- **Class III** :
  - General controls insufficient
  - Inadequate information for Special Controls

# General Controls – Class I

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- Establishment Registration
- Medical Device Listing
- Manufacturing using Good Manufacturing Practices (GMPs)
- Appropriate Labeling
- Submission of a 510(k) premarket notification prior to marketing

# Special Controls – Class II

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- Submission of a 510(k) premarket notification prior to marketing
- Special labeling requirements
- Mandatory performance standards
- Guidance Documents
- Consensus Standards
- Postmarket Surveillance

# **Class III Medical Devices**

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- **Devices where a reasonable assurance of safety and effectiveness has not been demonstrated**
- **Devices for which both General and Special Controls are not sufficient to provide a reasonable assurance of safety and effectiveness**



# Panel Discussion:

## Question 1

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- The key risks to health of breast transilluminators identified by the Obstetrics and Gynecology Devices Panel include:
  - missed diagnosis
  - delayed diagnosis
  - delayed treatment
  - electrical shock
  - optical radiation
- Identify any additional risks to health that should be addressed with respect to breast transilluminators for the **diagnosis of cancer, other conditions, diseases, or abnormalities**

# Panel Discussion:

## Question 2

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- Class I medical devices are those for which General Controls are sufficient to provide a reasonable assurance of safety and effectiveness
- Discuss whether you believe General Controls alone adequately mitigate the risks associated with breast transilluminators for the **diagnosis of cancer, other conditions, diseases, or abnormalities**

# **Panel Discussion:**

## **Question 3**

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- **Class II medical devices are those for which Special Controls in addition to General Controls are necessary to provide a reasonable assurance of safety and effectiveness**
- **Is there sufficient information to establish Special Controls for breast transilluminators?**

# **Panel Discussion:**

## **Question 3 (cont)**

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- **Would the addition of Special Controls to General Controls mitigate the risks?**
- **What should the Special Controls include?**



# ***Backup Slide<sub>1</sub>***

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The abstract of a trial that took place at City Hospitals Sunderland was presented at the European Institute of Oncology's 12th Breast Cancer Conference in Milan on 17th June 2010

Breastlight is a handheld device which utilizes a light source of 617 nm

300 patients recruited and 58 biopsies performed

18 women with cancer diagnoses and 40 benign tumor diagnoses

Sensitivity: 67% (12 detected/18 malignant lesions)

Tumor size varied 0.7-3.8 cm

Specificity: ?

Sensitivity for benign lesions: 17.5% (7 detected/40 benign lesions)

False positive rate: 3.2% (7/220 non-malignant cases)

## ***Backup Slide<sub>2</sub>***

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- **Regulatory oversight for Class I devices in Europe and Canada:**
  - **For EU Medical Device Directive Class I devices are subject to self-regulation**
  - **For Health Canada Class I devices do not require a Medical Device license**